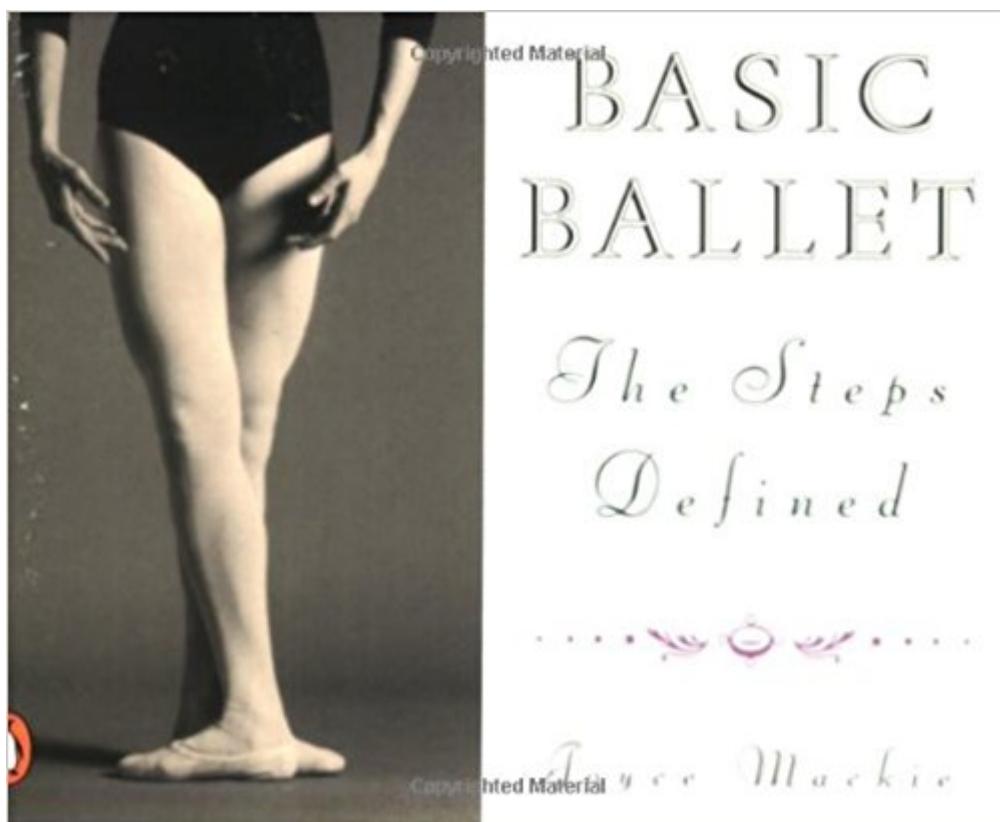


The book was found

Basic Ballet: The Steps Defined (Penguin Handbooks)



Synopsis

All the basic movements in classical ballet, illustrated with 275 detailed photographs. This unique handbook shows all the basic positions, steps, and movements in classical ballet, arranged in the sequence of lessons usually followed over six years of training. An invaluable practice manual for dance students, it is also a wonderful companion to the dance for ballet enthusiasts or anyone who wants a better understanding and appreciation of the art.

Book Information

Series: Penguin Handbooks

Paperback: 128 pages

Publisher: Penguin Books; Reprint edition (June 26, 1980)

Language: English

ISBN-10: 014046445X

ISBN-13: 978-0140464450

Product Dimensions: 4.3 x 0.4 x 5.4 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 33 customer reviews

Best Sellers Rank: #159,513 in Books (See Top 100 in Books) #4 in Books > Arts & Photography > Performing Arts > Dance > Notation #8 in Books > Arts & Photography > Performing Arts > Dance > Ballet #10 in Books > Arts & Photography > Performing Arts > Dance > Choreography

Customer Reviews

HAHA I thought this was a BIG book...turns out it is 1/4 of a book....nice reference for your pocket or dance bag...so that is where it is going (in the stocking so my daughter can put it in her dance bag...and hopefully read it!) It is well illustrated and I love any reference (pocket size is okay too!) that pertains to dance (ballet especially!) I got it "used-very good condition" and it was JUST as described! Thank you- I really like this TINY book!

This very complete volume is a lovely gift book as well as a useful reference book. The only weakness is the lack of emphasis on arm positions when doing the steps although they are illustrated in the photographs. I believe dancers who have experienced the following will find it useful too: When I was a student of ballet, I was frustrated by the subtle differences in the standards of different teachers. Sometimes I wondered, "So how EXACTLY am I supposed to do this?" I did

not enjoy being corrected for what a prior instructor had taught me and pronounced well-executed. This book would have clarified things for me at the time. Now that I practice alone, I find this book invaluable. Also, I support Christine's review dated May 4, 2001.

A nice little book that shows the basic ballet moves. I wish the book was a little bigger eg 5" x 5" because I show the photos to students in my ballet exercise class so they can see what a pro looks like doing the moves.

excellent reference book just wish it was bigger than a postcard!

I'm a dance teacher, but it had been a while since my full immersion in ballet. Whenever I blank on the name of something or just need a quick reference, this book is perfect. Love it.

I had this book 30 years ago when I started ballet as an adult. It helped me tremendously as far as learning ballet terminology. If the instructor called out a step that I didn't know, I would come home and look it up and understand what I needed to do to create it. I loaned it out the first time but won't do that again. I hope it helps my grandchildren.

I had this book when I was a kid and I loved it. I had it when I moved and then one day it was just gone. So I got it again. I love the pictures and it is a great supplement to a class.

I am a beginning adult student, had one class in college. I have enjoyed looking at the steps with the pictures. As I am learning this clarifies the technique. I like the explanations. Ballet is challenging and this de-mystifies a lot of the process. The pictures are in black and white, which I do not mind. It is straight forward and easy to follow. I am glad I bought it.

[Download to continue reading...](#)

Basic Ballet: The Steps Defined (Penguin Handbooks)
Fourth Steps in Ballet on Your Toes: Basic Pointe Work
Ballet Beautiful: Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer
Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class
Ballet 101: A Complete Guide to Learning and Loving the Ballet
Ballet Barre & Center Combinations: Volume II: Music (Ballet Barre and Center Combinations)
Cute Dance Journal Ballet: Lined Notebook for Girls, Perfect Gift for Dancers, Teachers ~ Unique Inspirational Quote Diary for Dance Students, Teacher~ Jazz, Ballet, Tap, Hip Hop, Irish Dance
Ballet for Life: Exercises and

Inspiration from the World of Ballet Beautiful Creative Ballet Teaching: Technique and Artistry for the 21st Century Ballet Dancer The Ballet Companion: A Dancer's Guide to the Technique, Traditions, and Joys of Ballet The Secret of the Ballet Book: (Kids Fantasy Books, Ballerina Fiction) (Kids Mystery, Girls Books Ages 9-12, Ballet Stories, Dance Books, Kids Books, Kids Fantasy Books Ages 9-12) BALLET SUITE FROM THE BOLT OP27A (BALLET SUITE NO5 FOR ORCH) SCORE Hope in a Ballet Shoe: Orphaned by war, saved by ballet: an extraordinary true story Teaching Ballet Creatively: A pre ballet primer El Ballet Folklorico de Mexico de Amalia Hernandez/ Amalia Hernandez Folkloric Ballet of Mexico (Spanish Edition) The New Penguin Russian Course: A Complete Course for Beginners (Penguin Handbooks) The Penguin Guide to the Dordogne (Penguin Handbooks) Basic Principles of Classical Ballet The Classic Ballet: Basic Technique and Terminology Defined by Design: The Surprising Power of Hidden Gender, Age, and Body Bias in Everyday Products and Places

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)